

JOB TITLE : NUTRITIONIST

JOB FAMILY : HEALTH

BAND : G

FLSA : EXEMPT

JOB CODE : 11858

MAIN FUNCTION:

Provide nutritional assessment to Cornell Health clients

ESSENTIAL DUTIES & RESPONSIBILITIES :

Provide nutritional assessment to Cornell Health clients; develop policies and guidelines on specialty nutrition-related patient referral, assessment and care.

Consult with physicians and health care personnel to determine and develop strategy of care for clients; design customized programs to address unique nutritional needs, based on individual's lifestyle and health goals and monitor progress (*i.e., specific health conditions such as a diabetes, hypertensive, heart disease*)

Conduct ongoing needs assessment monitoring trends and challenges on campus. Work with health care personnel to plan, develop, implement and publicize nutrition education programs and services.

Counsel individuals and groups on basic rules of good nutrition, healthy eating habits, and nutrition monitoring to improve their quality of life; provide integrated support for individuals with eating problems and body image concerns as part of the Cornell Healthy Eating Program (CHEP).

Customize nutritional programming and implement dietary-care plans and nutritional counselling for student organizations and groups. (*i.e., athletic dietary plans and eating disorders*)

Coach client, offering reinforcement, motivation and suggestions for overcoming challenges related to the nutritional lifestyle change.

Serve as liaison to Residence Hall Directors and other Residential Programs to foster effective communication, referral and case management.

Collaborate with Cornell Health promotion, medical, nursing, and counseling staff, members of the Cornell community, and community groups to provide education and training on a wide range of issues related to health and health services.

JOB PROFILE :

MINIMUM EDUCATION : Bachelor's degree or equivalent. NYS Certification (CDN) required; Must be registered through the Academy of Nutrition and Dietetics/Commission.

MINIMUM EXPERIENCE: 2 but less than 4 years of experience or equivalent.

IMPACT: Accountable for activities which have a substantial impact on operations, resources or the University's reputation.

CONTACTS INSIDE THE UNIVERSITY: Contacts are throughout the University and involve providing guidance to others and/or coordinating activities.

CONTACTS OUTSIDE THE UNIVERSITY: Provide/receive guidance, advice or information that must be analyzed and developed by the position.

CONTACTS WITH STUDENTS: Frequent contact with students to provide information and instruction.

SUPERVISION GIVEN: Provide day-to-day supervisory direction to employees within the department

COMPLEXITY: Frequently adapt, combine, or make improvements to services, products, processes or programs. Duties generally involve different and unrelated processes and methods. Work requires reasoning skills and judgment.

LEVEL OF DECISION MAKING: Responsible for assisting in and influencing decisions concerning policy-setting, research, planning or students.

EFFECT OF DECISION MAKING: Directly affect several dept. within a college, school or administrative unit. Significant effect on students and employees

FREEDOM OF ACTION: Very general supervision which requires interpretation of work policies and procedures, and, at times, deviation from standard work practices.

WORKING CONDITIONS: Normal working conditions, including no or limited exposure to hazardous conditions/ materials/ equipment. Safety gear may sometimes be required

A position that is classified into this title and band must meet the Cornell requirements for exemption under the FLSA